

# Breakfast

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<b>Omelette</b> (Spinach and Mushroom or Ham and Cheese) Served with Toast	€10.00
<b>Folded Omelette</b> (Feta Cheese and Sundried Tomatoes) Served with Toast	€10.00
<b>Free Range Scrambled Egg</b> Served with Toast	€9.00
<b>French Toast</b> Served with Crispy Bacon, Blueberries and Maple Syrup	€13.00
<b>Waterford Breakfast Blaa</b> (Sausage, Bacon and Fried Egg)	€7.50
<b>Breakfast Bagel</b> (Squashed Avocado, Crispy Bacon and Fried Egg)	€9.50
<b>Flahavan's Waterford Porridge</b> Served with Honey, Berries and Cinnamon	€6.00
<b>Granola Pots</b>	€5.50
<b>Chia Pudding (Vegan)</b>	€5.50
<b>Homemade Scone</b> Served with Jam and Cream	€4.00

Breakfast served from 9:00am to 12:00 noon

# Lunch - Hot Food

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**Beef Lasagne** €14.90

Served with Homemade Garlic Wedges and Coleslaw

**Guinness Beef Stew** €14.90

Served with Soda Bread

**Sweet Potato and Roasted Chickpea Curry** €14.90

Served with Rice (Vegan) (GF)

**Homemade Garlic and Herb Wedges** €5.50

Served with Parmesan Cheese (Vegetarian)

**Quiche of the Day** €12.00

Served with Salad

**Homemade Soup** €7.60

Served with Soda Bread

## Salads

**Chicken Caesar Salad** €12.90

(Marinated Freshly Cooked to Order Chicken Fillet, Crispy Bacon, Lettuce, Caesar Dressing, Croutons and Parmesan Cheese)

**Goat Cheese Salad** €12.90

(Baked Goat Cheese, Mixed Salad Leaves, Sundried Tomatoes, Roasted Peppers and Walnuts served with French Dressing)

**Golden Harvest Salad** €12.90

(Sweet Potato and Roasted Chickpea, Dried Cranberries and Sunflower Seeds on Rocket Leaves served with Tahini Dressing) - (Vegan)(GF)

# Lunch - Sandwiches

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<b>Rustic Ranch Chicken &amp; Bacon Roll</b> (Chicken, Streaky Bacon, Spring Onion, Rocket and Mayonnaise on Rustic Roll)	<b>€9.50</b>
<b>Baked Ham &amp; Mature Cheddar Ciabatta</b> (Baked Ham, Mature Cheddar Cheese on Crispy Ciabatta)	<b>€9.50</b>
<b>Mediterranean Delight Focaccia</b> (Focaccia with Green Pesto, Rocket Leaves, Parma Ham, Brie Cheese and Sundried Tomatoes)	<b>€9.50</b>
<b>Tuscan Garden Focaccia</b> (Focaccia with Green Pesto, Spinach, Buffalo Mozzarella and Sundried Tomatoes) (Vegetarian)	<b>€9.50</b>
<b>Classic Chicken Caesar Wrap</b> (Roasted Chicken, Streaky Bacon, Parmesan Cheese, Lettuce and Caesar Dressing Wrapped in Tortilla)	<b>€9.50</b>
<b>Falafel Fiesta Spinach Wrap</b> (Falafel, Spicy Chickpeas, Roasted Peppers, Hummus and Spinach Leaves Wrapped in Spinach Tortilla) (Vegan)	<b>€9.50</b>
<b>Spicy Tuna Spinach Bagel</b> (Tuna with Mayonnaise, Sweet Chilli Sauce and Spinach on Bagel)	<b>€9.50</b>
<b>Add Side Salad or Garlic Wedges</b>	<b>€4.00</b>

Gluten Free options available on request

# Drinks - Hot Drinks

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Espresso	€2.65
Double Espresso	€3.35
Americano	€3.30
Flat White	€3.65
Cappuccino	€3.90
Latte	€3.90
Chai Latte	€3.80
Mocha	€4.80
Extra Shot	€1.50
Tea	€3.00
Herbal Tea	€3.00
Belgian Hot Chocolate	€4.40
Flavoured Syrup	€0.80
Plant Milk	€0.60
Marshmallow	€0.50
Fresh Cream	€0.50

## Cold Drinks

Minerals 500ml	€3.00
Water 500ml	€2.80
San Pellegrino	€2.50
Juices	€3.60
Glass of Wine	€8.50
Glass of Prosecco	€9.50
Glass of Champagne	€17.00

\* A €0.15 DRS (Deposit Return Scheme) charge will be added to applicable drink containers.

